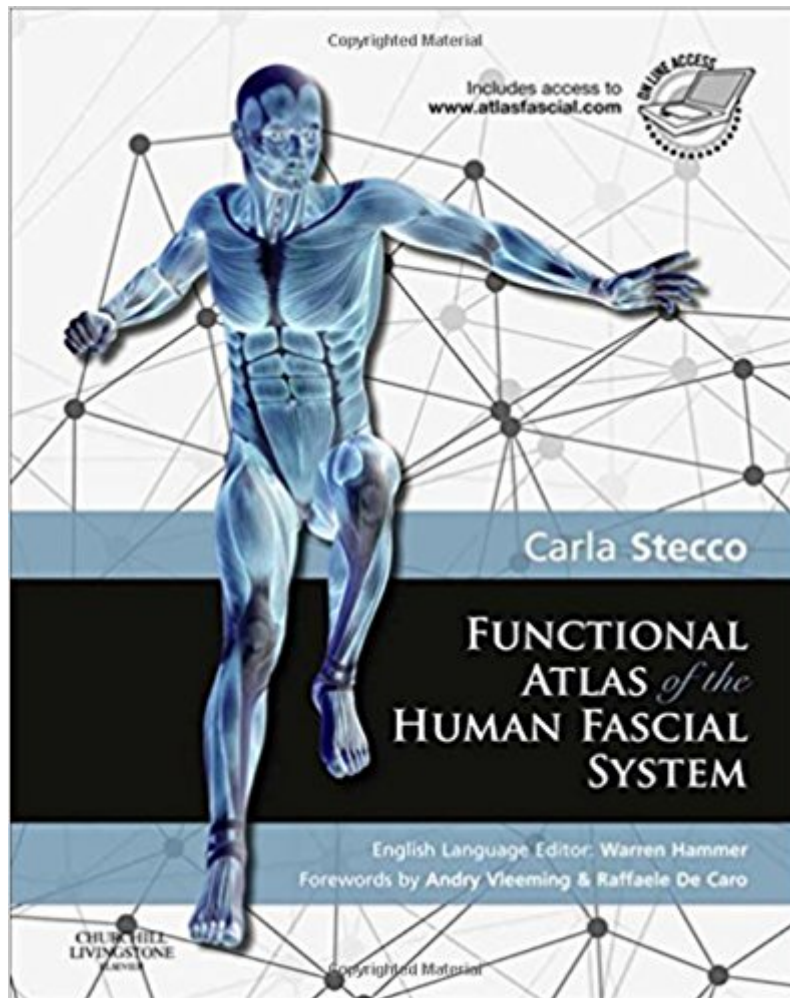




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Functional Atlas Of The Human Fascial System, 1e



Synopsis

Principally based on dissections of hundreds of un-embalmed human cadavers over the past decade, *Functional Atlas of the Human Fascial System* presents a new vision of the human fascial system using anatomical and histological photographs along with microscopic analysis and biomechanical evaluation. Prof. Carla Stecco – an orthopaedic surgeon and professor of anatomy and sport activities – brings together the research of a multi-specialist team of researchers and clinicians consisting of anatomists, biomechanical engineers, physiotherapists, osteopaths and plastic surgeons. In this Atlas Prof. Stecco presents for the first time a global view of fasciae and the actual connections that describe the myofascial kinetic chains. These descriptions help to explain how fascia plays a part in myofascial dysfunction and disease as well as how it may alter muscle function and disturb proprioceptive input. Prof. Stecco also highlights the continuity of the fascial planes, explaining the function of the fasciae and their connection between muscles, nerves and blood vessels. This understanding will help guide the practitioner in selecting the proper technique for a specific fascial problem with a view to enhancing manual therapy methods.

Functional Atlas of the Human Fascial System

Book Information

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Customer Reviews

– Carla Stecco is co-author of the book *“Manipolazione fasciale: parte pratica”*; di Luigi Stecco and Carla Stecco (Piccin, Padova, 2007), translated into English as *“Fascial Manipulation: practical part”*; by Luigi and Carla Stecco, 2009, Piccin, Italy – Author of two

chapters (Ã¢â¬Å“Manipolazione fasciale”, pp. 56-59 and Ã¢â¬Å“Manipolazione fasciale nel trattamento dei reumatismi extrarticolari”, pp. 282-287) in the book Ã¢â¬Å“La riabilitazione integrata delle patologie reumatiche” of Nava T. (2006), Masson ed., Milano.ÃÂ Author of three chapters in the book Ã¢â¬Å“Fascia in Manual Therapy” by Schleip, Findley, Chaitow & Huijing, Elsevier (in press) Published extensively in a variety of journals

Fabulous. A major and much needed step forward in scholarly description of the human fascial system. So beautifully written and presented that it is a delight to read, and is likely to make lots of sense to a wide variety of readers (academic and non-academic).

The amount of time and effort put into this book by Carla is well worth while the price. The information is a must for those manual therapists who want more information on the fascial system.

Dr Stecco's atlas shows us, through numerous high-quality color photographs of fresh unembalmed subjects, the myofascial relationships that previously had to be inferred from multiple sources. Focusing on the applications to clinical practice, this book will become an essential reference for therapists, and part of the curriculum for many manual therapy training programs, including ours.

This and anatomy trains are two must have books for fascial study and connections.

An amazing book. I gave it as a gift and he was so excited. He loved it.

Great photos and written very well - a must read for anyone working with the fascial system.

Complex reading, not for everyone but since I started my journey into Myofascial Release Study it is a must for it!

First of its kind and a Rolfer's Dream. Amazing book!

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